September 15, 2021

Dear MacPhail Students and Families,

It has been wonderful seeing so many of you back in the MacPhail buildings this past week. We greatly appreciate everyone's adherence to the COVID safety protocols outlined in the September 2<sup>nd</sup> letter (attached here for your reference).

A handful of questions have been coming in regarding what a student family should do to report a COVID exposure and what steps they should take to return to instruction if they have experienced an exposure. The purpose of this letter is to outline those steps for you. This information will be posted on MacPhail's website as well.

## **COVID EXPOSURE GUIDELINES**

<u>Close contact</u> is defined as spending a cumulative total of 15 minutes or more interacting within 6 feet of an infectious person, unless there was a physical barrier between them such as a cubicle wall or a full Plexiglass screen or a face covering and face shield.

Students are required to follow the guidelines below upon a <u>close contact</u> exposure at MacPhail, or, anywhere else when not at MacPhail. Note: Caregivers that participate in classes/lessons with the student should follow the same guidelines.

### Notification

Students that have <u>close contact</u> with someone who has COVID-19 must contact MacPhail at covid@macphail.org. Your information will be kept confidential and communicated on an as-needed basis only to the teacher of the respective class or lesson.

### Actions

# 1. Vaccinated & Asymptomatic

• You may continue in classes/lessons while following all existing protocols including wearing a mask inside MacPhail buildings at all times

# 2. Vaccinated & Symptomatic

- Stay at home when symptoms appear
- Get tested for COVID-19
- Follow return-to-lesson criteria (see below)

# 3. Unvaccinated

- Stay at home upon learning of exposure
- Quarantine at home for 10 days and get tested on day seven. If the COVID-19 test is negative and you do not have symptoms, you may return to classes and lessons on day 11.
- If symptoms of COVID-19 develop during quarantine, the student should be tested immediately.
- If a student under quarantine tests positive, they should remain isolated at home and away from others until <u>return-to-lesson criteria</u> have been met.
- If a student under quarantine tests negative, and symptoms have resolved, they may return to in-person lessons when the quarantine has been completed. If symptoms persist, the student should contact their health care provider.

Here is a reminder of the essential safety protocols currently in place at MacPhail locations.

### **MASKS**

Masks must be worn at all times regardless of vaccination status.

## **VACCINATIONS**

All choir participants must be vaccinated to participate in-person.

### **HEALTH SELF-MONITORING**

Students are required to self-monitor their health for COVID-19 symptoms including fever or feeling feverish, chills, cough, shortness of breath, sore throat, muscle aches, loss of smell or taste. If a student has no COVID-19 symptoms, they are cleared to attend in-person lesson.

If they do have **any** COVID-19 symptoms, they should stay at home and follow the following directions:

- COVID-19 symptoms with:
  - Negative COVID-19 test. Student can return to in-person instruction when symptoms improve,
  - Positive COVID-19 test. Student can return to in-person instruction when return-to-lesson criteria are met.
  - No COVID-19 test. Student can return to in-person instruction when return- to-lesson criteria are met.

# Return-to-Lesson Criteria

- Symptomatic students may return to in-person instruction when all three criteria are met:
  - 1. Symptoms have improved, AND
  - 2. 10 days since symptoms started, AND
  - 3. Fever-free for at least 24 hours (without the use of fever reducing medications)
- Asymptomatic students may return to lessons 10 days after the positive test

If you have any questions, please contact covid@macphail.org.

Thank you,

Kyle Carpenter Chief Executive Officer Paul Babcock
President and Chief Operating Officer